

Thomas P. Le, Ph.D.

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Education

- 2023 **University of Maryland**, College Park, MD
Ph.D. in Counseling Psychology
- 2022-2023 **Cambridge Health Alliance/Harvard Medical School**, Cambridge, MA
APA-accredited Predoctoral Internship in Clinical Psychology
Track: Population Health – Adult Outpatient and Substance Use
Clinical Fellow in Psychology
- 2022 **Harvard T.H. Chan School of Public Health**, Cambridge, MA
Summer Program in Clinical Effectiveness
Certificate in Public Health Research
- 2019 **University of Maryland**, College Park, MD
M.S. in Counseling Psychology
- 2017 **The College of William and Mary**, Williamsburg, VA
B.A. in Psychology and English
Summa Cum Laude, Phi Beta Kappa, Distinction in Psychology

Academic Appointments

- 8/2023 – present **Assistant Professor**
Department of Psychology
Bryn Mawr College
Affiliate Faculty Member, Asian American Studies Program

Peer-Reviewed Publications

Note: *denotes undergraduate student mentee +denotes graduate student mentee

36. Soulliard, Z.A., **Le, T.P.**, & Yamasaki, V.* (in press). Pride and body image among transgender and nonbinary adults: The mediating role of body appreciation between gender identity pride and intuitive eating. *Eating Disorders: The Journal of Treatment & Prevention*.
35. Pease, M.V.,⁺ Kang, N.,* Oluwakemi, G.,* Jin, L.,* Bradshaw, B.,* & **Le, T.P.** (in press). “It’s like having a superpower”: Reclaiming creativity and the intersectional experiences of trans young adults of color. *Journal of Counseling Psychology*.
34. **Le, T.P.**, Iwamoto, D.K., & Ching, T.H.W. (2024). Associations between gendered racism, racial identity, and nicotine use among Asian American men. *Journal of Clinical Psychology*. Advance online publication.

33. Pease, M.V.,⁺ **Le, T.P.**, & Ahn, L.H. (2024). Family rejection and LGBTQ+ Asian Americans' psychological distress and disordered eating: The role of conflicts in allegiances and family shame. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication.
32. **Le, T.P.** & Ahn, L.H. (2024). Asian American women's racial dating preferences: An investigation of internalized racism, resistance and empowerment against racism, and desire for status. *Sex R*

10. **Le, T.P.**, Iwamoto, D.K., & Samee, A.A.* (2021). Examining the association between sexism, self-objectification, empowerment, and alcohol-related problems: Pathways through drinking to cope. *Addictive Behaviors*, 120.
9. **Le, T.P.**, Hsu, T., & Raposa, E.B. (2021). Effects of natural mentoring relationships on college students' mental health: The role of emotion regulation. *American Journal of Community Psychology*, 68(1-2), 167-176.
8. **Le, T.P.**, Iwamoto, D.K. & Burke, L.A.* (2021). A longitudinal investigation of racial discrimination, distress intolerance, and psychological well-being in African American college students. *Journal of Clinical Psychology*, 77, 745-754.
7. **Le, T.P.**, Pekosz, M.* & Iwamoto, D.K. (2020). Masculine norms and college men's rape myth acceptance: the mediating role of nurturance. *Psychology of Men & Masculinities*, 21(4), 665-674.
6. **Le, T.P.**, Kuo, L.* & Yamasaki, V.* (2020). Gendered racial microaggressions, feminism, and Asian American women's eating pathology: An intersectional investigation. *Sex Roles*, 83(3-4), 127-142.
5. Kaya, A., **Le, T.P.**, Brady, J., & Iwamoto, D.K. (2020). Men who intervene to prevent sexual assault: A grounded theory study on the role of masculinity in bystander intervention. *Psychology of Men & Masculinities*, 21(3), 463-478.
4. **Le, T.P.** & Iwamoto, D.K. (2019). A longitudinal investigation of racial discrimination, drinking to cope, and alcohol-related problems among underage Asian American college students. *Psychology of Addictive Behaviors*, 33(6), 520-528.
3. Iwamoto, D.K., **Le, T.P.**, Brady, J., & Kaya, A. (2019). Distinct classes of binge drinking and alcohol-related problems among Asian American young adults. *American Journal of Orthopsychiatry*, 89(5), 549-558.
2. **Le, T.P.** & Raposa E.B. (2019). The role of enculturation and acculturation in Asian and European American college students' daily social stress and support. *Asian American Journal of Psychology*, 10(1), 11-21.
1. **Le, T.P.** (2019). The association of conformity to feminine norms with women's food consumption after a negative mood induction. *Appetite*, 133, 123-129.

Book Chapters

2. Felipe, L., Estrellado, J.E., Pease, M.V., & **Le, T.P.** (*in preparation*). Queerness and intersectionality as praxis. In L. Felipe, J.E. Estrellado, A. Breen, & G.N. Rider (Eds.), *Queer Asian Americans: A practitioner's guide for working with LGBTQ+*

47. Liu, X.,* & Le, T.P., (2024, August). *Internalized racism, collective racial self-esteem, and Asian*

36. **Le, T.P.**, & Iwamoto, D. K. (2021, November). *Racism, gender role conflict, and depression in college men of color: A longitudinal test of the racist-gender stress model*. Poster presented virtually at the 55th Association for Behavioral and Cognitive Therapies Annual Convention.
35. **Le, T.P.**, & Soulliard, Z. A. (2021, November). *Relationships between body appreciation, disordered eating, intuitive eating, and health among transgender and gender non-binary individuals: A preliminary analysis*. Poster presented virtually at the 55th Association for Behavioral and Cognitive Therapies Annual Convention.
34. **Le, T.P.**, Jin, L.,* & Kang, N.* (2021, October). *Sexual, gendered, and internalized racism's associations with gay, bisexual, and queer Asian American men's disordered eating*. Oral presentation delivered virtually at the Annual Asian American Psychological Association Convention.
33. **Le, T.P.**, & Kler, S.⁺ (2021, October). *Queer Asian American men's racialized dating preferences: The*

26. **Le, T.P.**, & Forestell, C.A. (2020, November). *Unpacking the association between conformity to feminine norms and disordered eating: Restrained and emotional eating as mediators*. Poster presented virtually at the 54th Association for Behavioral and Cognitive Therapies Annual Convention.
25. Obleada, K.T., Chae, S.W., **Le, T.P.**, & Vitousek, K.M. (2020, November).

March

- W&M Louis E. Catron Artistic Excellence Grant (March 2016). *Advanced Personal Narrative at the Washington University in St. Louis* (\$3612).
- W&M Sizemore Journalism Grant (November 2015). *Investigating Factors Underlying Asian-American Suicide and Help-Seeking Behaviors* (\$1000).
- W&M Student Research Grant (October 2015). *The Effect of a Preload on Restrained Eaters' Attentional Biases to Foods* (\$500).
- W&M Upperclass Monroe Honors Research Grant (May 2015). *The Effect of Induced Moods on Attention to Foods* (\$3000).
- W&M Freshman Monroe Honors Research Grant (May 2014). *An Analysis of Eating Disorders Depicted in Memoir* (\$1000).

Awards and Honors

Awards and Honors Received as Bryn Mawr College faculty member

Early Career Scholar, The Center for Research on College-Workforce Transitions (CCWT) at University of Wisconsin-Madison, 2024-2025 (\$1,500)

University of Maryland Graduate Awards and Honors

- Best Student Paper Prize, *Asian American Journal of Psychology*, 2022 (\$750).
- Runner-Up, Terry Tempest Williams Prize for Creative Nonfiction, *North American Review*, 2023
- Research Society on Alcoholism Student Merit Award, 2023 (\$475).
- Bruce K. Fretz Scientist Practitioner Award, University of Maryland Counseling Psychology Program, 2022 (\$300).
- Exceptional Contributions Student Award, Asian American Psychological Association Division on Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning, 2022 (\$500).
- Diversity Research Award, Association of Behavioral and Cognitive Therapies Eating Disorders and Eating Behaviors Special Interest Group, 2022 (\$500).
- Association of Behavioral and Cognitive Therapies Student Travel Award, awarded for symposium project on Asian Americans' positive body image, 2022 (\$500).
- Scholar, NIAAA Grant: Preparing Trainees from Diverse Backgrounds for Alcohol Research Careers (R25AA028464, Flanagan, PI), 2021-2023, Mentor: Robert Miranda Jr., Ph.D.
- Dean's Fellowship, University of Maryland, 2022 (\$2,500).
- Distinguished Student Scholar Recognition Award on Research, Equity, and Social Justice, Society of Addiction Psychology American Psychological Association Division 50, 2021 (\$250).
- Dean's Fellowship, University of Maryland, 2021-2022 (\$25,000).
- Dean's Fellowship, University of Maryland, 2021 (\$2,500).
- UMD BSOS Excellence in Teaching Award, awarded to one teaching assistant across all behavioral and social sciences, 2021 (\$1,000).
- Michael J. Pelczar Award for Excellence in Graduate Study, awarded to two doctoral candidates across all UMD doctoral programs, 2021 (\$2,500).
- Outstanding Dedication to Social Justice and Liberation in Counseling Psychology Award, Student Affiliates of Seventeen American Psychological Association Division 17, 2021 (\$100).
- Asian American Psychological Association Division on Students Research Award, 2021 (\$500).
- Student Convention Award, Asian American Psychological Association Conference, 2021 (\$43.55).
- Outstanding Graduate Student Teaching Assistant Award, awarded to top 2% of graduate students at UMD, 2020-2021 (\$417.50).

Student Travel Award, Asian American Psychological Association Conference, San Diego, CA, 2019 (\$150).

NIAAA Travel Award, American Psychological Association Conference, Chicago, IL, 2019 (\$750).

Jacob K Goldhaber Travel Award, University of Maryland, 2018 (\$400).

Secretary of Division of Students Executive Committee, Asian American Psychological Association (AAPA), September 2018 – August 2020.

Responsibilities included spearheading projects designed to empower student members of AAPA to strengthen their clinical, academic, and activist work such as a webinar series on pertinent social justice related topics, organizing and recording notes for executive committee meetings, and reviewing applications for the 2019 Graduate Leadership Institute.

President of Diversity Committee, UMD Counseling Psychology Dept., Aug 2017 – May 2022.

Responsibilities included leading social justice and diversity efforts within the UMD Counseling Psychology department, facilitating monthly discussions surrounding various social justice topics (e.g., power and oppression, strategies for activism, etc.) as part of the Social Justice Brownbag program, advertising brownbag discussions to faculty and students within the department, and writing grants to obtain funding to maintain the discussions. Also facilitated 1-10 outreach events per semester to broader UMD and Washington D.C. community on topics related to Asian American mental health and social justice engagement.

President of Mental Health Branch, W&M Health Outreach Peer Educators, May 2014 – May 2017.

Responsibilities included writing and presenting programs to W&M students on eating disorders and body image, minority mental health, positive psychology and resilience, suicidality, and other mental health topics, leading and organizing a team of fellow BACCHUS Certified Peer Educators, structuring campus events with over 100+ student turnouts, and collaborating with other student organizations to promote mental health.

Student Advisor, W&M Counseling Center Advisory Council, May 2014 – May 2017.

Responsibilities included promoting mental health and counseling services to faculty and students, spearheading mental health outreach projects within the William & Mary community, and working with faculty to create a more healthful campus for at-risk students.

Teaching Experience

Instructor of Record, Bryn Mawr College Psychology Department.

PSYC105 – Introductory Psychology (Spring 2024)

PSYCB281 – Laboratory in Counseling Psychology (Fall 2023, participated in Teaching and Learning Institute with student consultant, Hallie Kern)

PSYCB320 – Helping Skills: Theory and Practice (Fall 2023, Spring 2024)

Instructor of Record, UMD Psychology Dept., Winter 2021, Summer 2021.

PSYC437 – The Assessment and Treatment of Addictive Behaviors (Winter 2021, Summer 2021). Head instructor for an online, lecture-style course (25-35 undergraduates) that covered a variety of topics related to addictive behaviors, including behavioral, psychosocial, and neurobiological risk factors, treatment approaches including motivational inte.

disorders both generally and within gender and sexual minority communities. Graded exams and essays. Held office hours to address student concerns.

PSYC200-WB11 – Statistical Methods in Psychology (Winter 2018). Graded students' exams, papers, and homework. Held online office hours to review course content and address student concerns.

PSYC432 – Counseling Psychology: Theories, Research, and Practice (Spring 2018). Presented guest lecture on masculinity and mental health. Graded exams, papers, and homework. Met with students to address concerns about course content.

PSYC353-WB11 – Adult Psychopathology (Summer 2020, Summer 2019, Summer 2018). Graded papers and transferred course content to online format. Met with students to address concerns about course content and professional development.

PSYC433 – Basic Helping Skills: Research and Practice (Fall 2018). Led three lab sections

accommodating ESL students, and managing the Statistics Committee by using IBM SPSS to analyze data and demographic information about consultees which equips coworkers and administrators with knowledge and generates funds for the WRC.

Peer Scholarship Advisor, Roy R. Charles Center for Academic Excellence, College of William and Mary, August 2013 – May 2017.

Responsibilities included assisting undergraduate students, graduate students, and alumni applying for various campus and national funding to supplement their undergraduate or graduate educations, communicating with advisees about future academic/career goals, revising application essays, publicizing informational events through various forms of media, and facilitating presentations about scholarships and application processes.

Volunteer, Matthew Whaley Elementary School, Williamsburg, VA, September 2014 – December 2015.

Responsibilities included tutoring students in reading, writing, and math, and organizing books while assisting with other administrative duties in the media center.

Teaching Assistant, W&M Peer Advising Program, Williamsburg, VA, May 2014 – August 2014.

Responsibilities included administrating and grading a summer course for incoming students, supporting incoming students with scheduling planning and preparation, and acting as an informed resource for students about W&M procedures and policies.

Postgraduate Pedagogy Training

Teaching and Learning Institute, Bryn Mawr College, Fall 2023
BIPOC Faculty Circle, Bryn Mawr College, Fall 2023

Invited Talks

Le, T.P. (2023, November). Love isn't colorblind: A critical race research talk on Asian Americans' body image and racialized dating preferences. Invited talk for the Asian American Alliance at Oberlin College, Oberlin, OH.

Other Relevant Publications

5. **Le, T.P.** (2023). If You Believe It. *North American Review*, 308(3).

4. **Le, T.P.** (2021, June 16). Who researches my communities? Speaking out about the white academic gaze. APA gradPSYCH blog.

